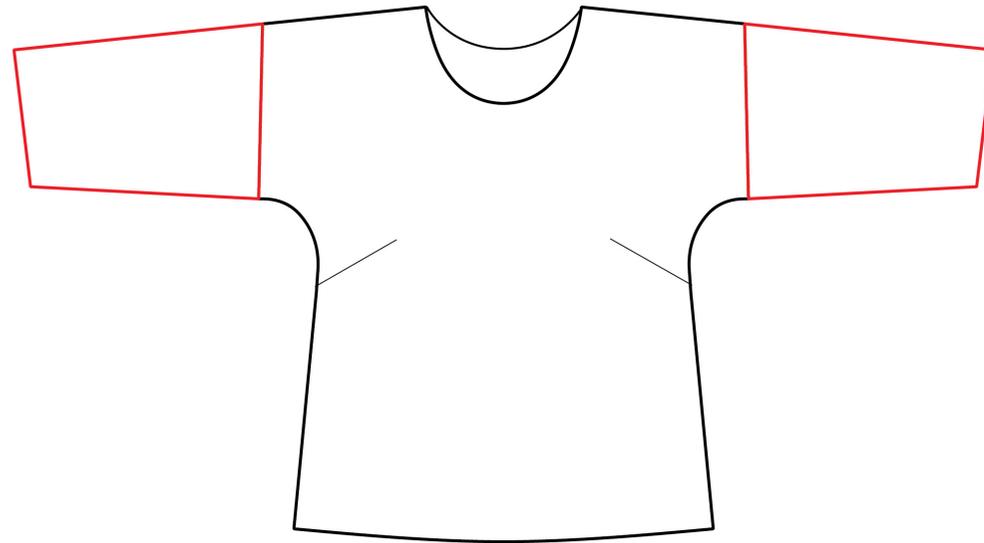# ModularME

Our pattern
Your personality

A modularised pattern system that guides you through sewing techniques while building skills and confidence to create your own personalised wardrobe.

3/4 Sleeve Module
Flat white*

An initiative of

MINISTRY OF
Hand
Made

3/4 Sleeve Module
Flat white*

We want to thank you for your support of ModularME! It means a lot to us to have you download the pattern.

This 3/4 Sleeve Module opens up the possibilities for you to transform your ModularME top into a classier, warmer, more versatile garment.

The module adds a 3/4 length sleeve to the base pattern.

This pattern includes two sleeve construction options:

1. **Single piece sleeve** for creating a sleeve from a single piece of fabric.
2. **Two piece sleeve** for creating a sleeve where the fabric on the front of the sleeve is different to the fabric on the back.

If you have other modules you would like us to create for you please let us know!

Email us: create@minstryofhandmade.com.au

What do I need?

After downloading and printing your pattern (see next page for instructions), you will need your fabric, sewing kit (pins, scissors, sewing machine, iron etc) and sewing thread. Generally the assembly of the garment is sewn in a coordinating colour.

If you would like to add some topstitching, this is done on the outside of the garment. It is really more like a design feature! Why not let your imagination be your guide?

Fabric requirements

Adding this sleeve module will require 0.5m of fabric.

Video support

We have created a short video explaining how to join the single piece sleeve on to the base garment. Please watch the video it will make the sewing process easier for you.

▶ Attaching the sleeves

Recycling tip!

Why not incorporate recycled fabrics into your top! Try splicing in pieces of fabulous fabric recycled from garments you are no longer wearing!

*Flat white:

A great coffee. Basic, dependable, no frills or fluff. Hits the spot every time . . . and for a decent cup it's only $5

Printing out your pattern

About your PDF files

Digital patterns are delivered to you as PDF computer files (portable document files) via your email account. You can print them at home on either A4 or US letter paper, or you can take the files to a copy shop and have them print it for you.

Files for ModularME 3/4 Sleeve Module

These are the available files:

- ✂ ModularME Sleeve Module #1 - sizes 6 to 16
- ✂ ModularME Sleeve Module #1 - sizes 14 to 26
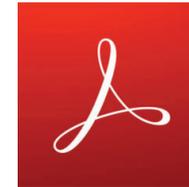- ✂ The instructions (this file)

Helpful tip!

If you have a directional print on your fabric ensure you lay the pattern pieces on the fabric to suit.

Printing instructions

1 To print the pattern you will need a PDF viewer installed on your computer/device. To ensure your pattern printing is trouble-free, we recommend using Adobe Acrobat Reader DC (free). It is excellent.
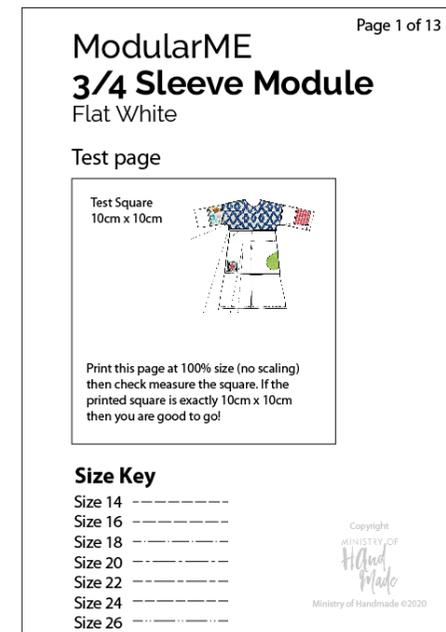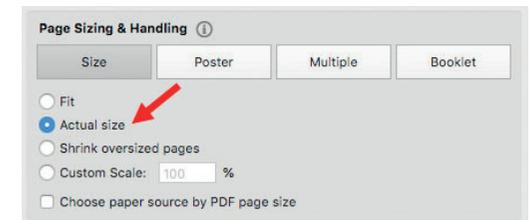
You can download it from:

https://get.adobe.com/reader/

2 Set the print scale to 100% and print Page 1 of the pattern. **This is the most important step**. You can set the print scale by either choosing:

- ✂ Actual size, or
- ✂ 100% scale, or
- ✂ Full size

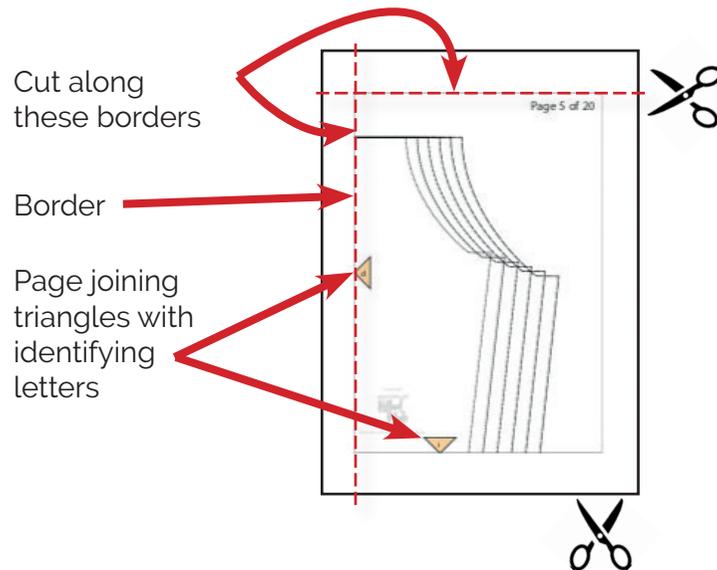Your printer may use different words to explain scaling.

3 Print out the Test Page (page 1 of the pattern) first to check the scale. Measure the test square. If it is exactly 10cm x 10cm then you are good to go.

4 Print out all the pages in the pattern file.

Assembling your pattern pages

1 Print out the pattern at 100% scale.
Do not choose 2-sided printing.

2 Each page will have a border and page joining triangles.

Cut along these borders

Border

Page joining triangles with identifying letters

Page 5 of 20

3 Trim with scissors along the top and left sides of the border on each page.

4 Use sticky tape to join the pages together ensuring that the joining triangles line up and the page numbers are in sequence.

This is how the ModularME 3⁄4 Sleeve Module pattern pages are to be joined.
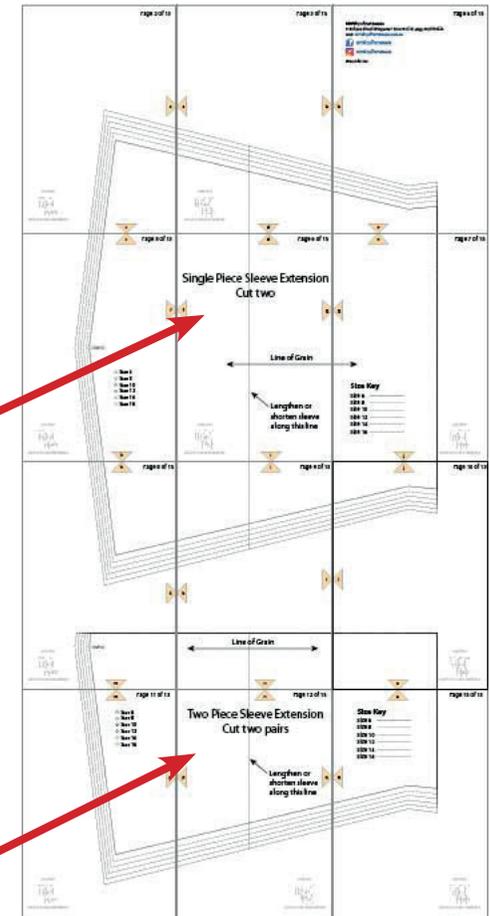
You have a choice of construction options:

Single piece sleeve

Single piece sleeve is for creating a sleeve from a single piece of fabric. This means that the front and the back of the sleeve are in one piece. Your finished sleeve will have one seam on the inside of your arm and fold along the outside of your arm.

Single Piece Sleeve Extension
Cut two

Line of Grain

Lengthen or shorten sleeve along this line

Size Key

Line of Grain

Two Piece Sleeve Extension
Cut two pairs

Lengthen or shorten sleeve along this line

Size Key

Two piece sleeve

Each sleeve is made by stitching together two identical sleeve pieces allowing you the option to have different fabrics on the front and back.

Your finished sleeve will have two seams: one on the inside of your arm and one on the outside following the line of the shoulder seam.
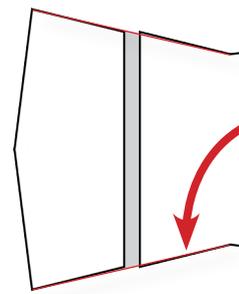
Money saving tip!

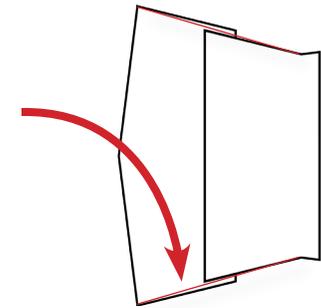Use the two piece sleeve if you have limited fabric and want to use up smaller pieces!

Lengthening or shortening the sleeve

Cut along the lengthen/shorten line on the pattern. To lengthen, spread and fill in with extra paper, then tape in place. To shorten, overlap and tape in place.

Once taped in place, draw a new line between the corner points as shown.

Lengthening the pattern

Shortening the pattern

Fabric layout and cutting

Once you've chosen which sleeve construction option (single piece sleeve or two piece sleeve) follow the instructions below
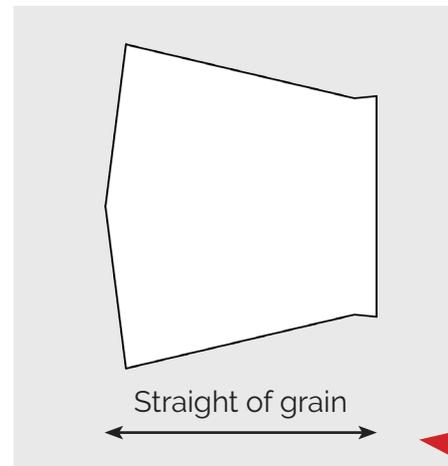
Single piece sleeve pattern
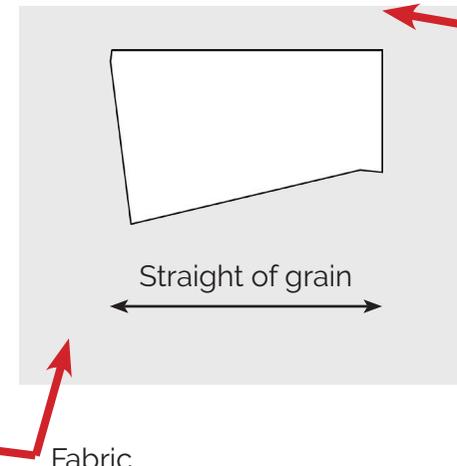
Cut two pieces along the straight of the grain.

Two piece sleeve pattern

With the fabric folded, cut two pairs on the straight of the grain.

Single piece sleeve pattern

Straight of grain

Two piece sleeve pattern
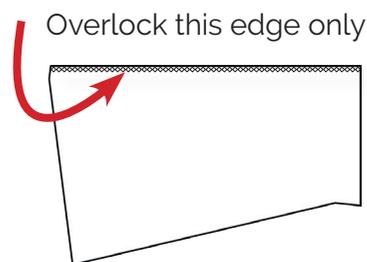
Fold fabric here.

Straight of grain

Fold fabric along the straight of the grain. Cut two pairs.
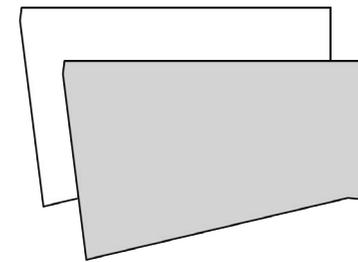
Fabric

Assembly instructions

For the two piece sleeve only

If you choose to use the two piece sleeve you will need to join the two matching pieces (front and back) together to form one sleeve piece.
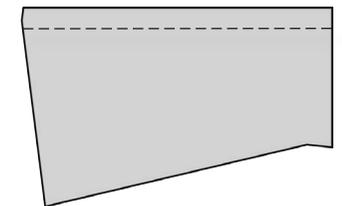
You can now follow the assembly instructions on the next page.

Overlock this edge only

Overlock or zigzag stitch the top edge on each piece.

Lay the matching sleeve pieces on top of each other with right sides together.

Align the seam edges and stitch at 1.5cm seam allowance as shown. Press the seam allowance open.

Assembly instructions

Follow these steps to attach either your single piece sleeve or the joined two piece sleeve to the ModularME top.

Note

These instructions are used in conjunction with the ModularME #1 pattern instructions. Please refer to the ModularME #1 pattern instructions as indicated.

1 **Use ModularME #1 - pattern instructions steps 1 to 12**

At this point your top should have:

- ✂ darts stitched
- ✂ shoulder seam stitched
- ✂ neck facings stitched in place

2 **Lay out the garment**

Lay garment out flat with right side facing upwards. See illustration right.
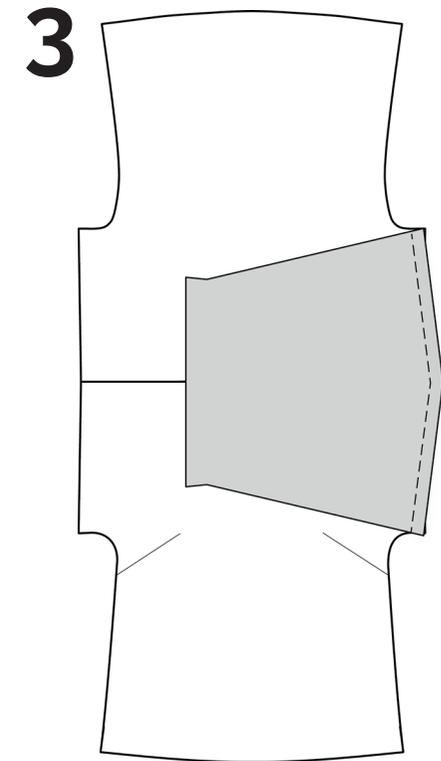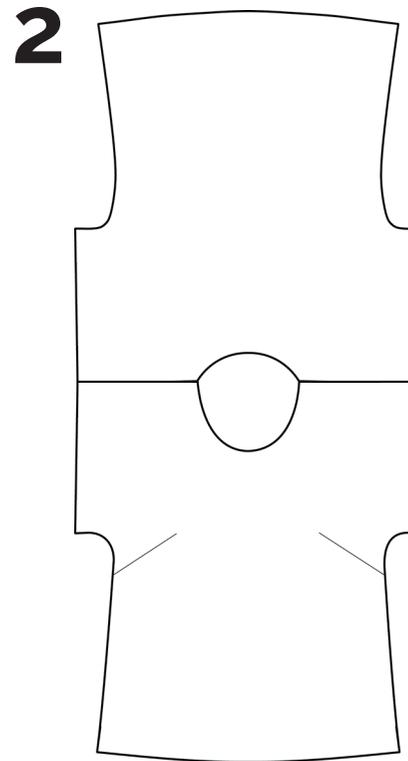
Watch the video for positioning, pinning and sewing details

🎥 Attaching the sleeves

3 **Position and stitch the sleeves**

Lay the sleeve in place as shown with right sides together. See illustration far right.

Pin in place then stitch from one underarm edge to the other using a 1.5cm seam allowance, pivoting at the shoulder seam and back stitching at both ends. Repeat for the other sleeve.
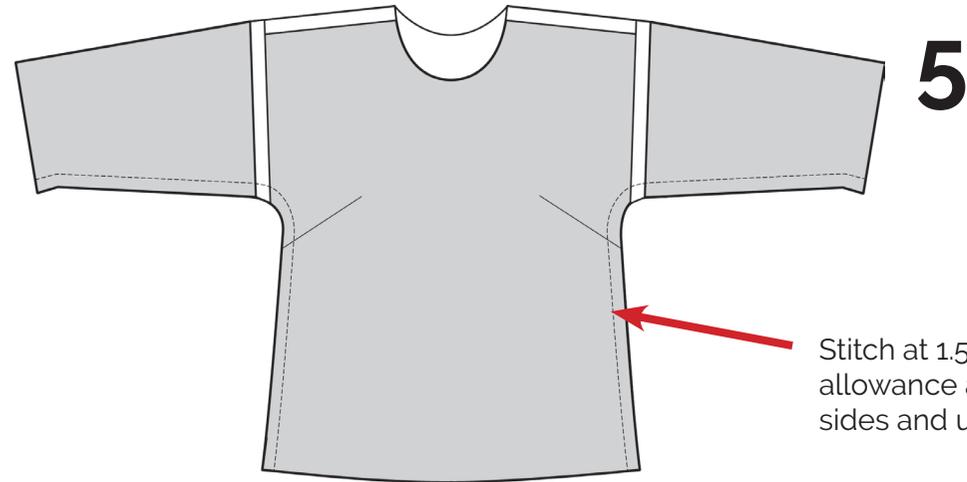
2

3

For pinning and sewing detail don't forget to watch the video.

So true!

Beautiful things come together one stitch at a time.

4 Finish raw edges

Overlock or zigzag along the seam edge stitched in step 3 for both sleeves.

Press the seam allowances towards the neck.

5 Stitch Seams

Line up the bottom edges of the sleeves and side edges of the front and back on both sides and pin in place.

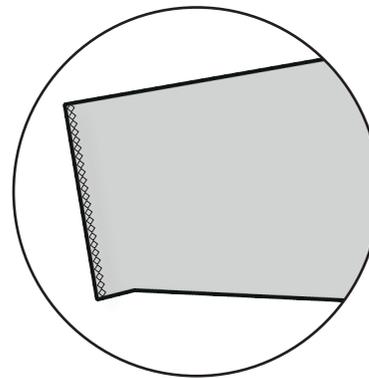Stitch along the edge of the fabric using a 1.5cm seam allowance.

6 Use ModularME #1 - pattern instructions steps 14 and 15
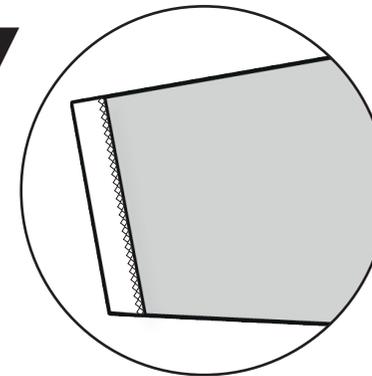
7 Create cuffs

Overlock or zigzag the bottom edges of the sleeves.

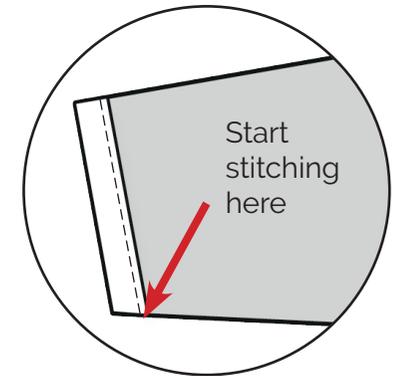Fold the bottom of the sleeve to wrong side to create a 3cm hem. Pin and press.

Stitch around your sleeve starting at the underarm seam to secure your cuff. Back stitch at both ends. Your stitching should be 2.5cm from folded edge.

8 Use ModularME #1 - pattern instructions steps 19 to 23

To finish your garment follow the final steps in the ModularME #1 pattern instructions.

5

Stitch at 1.5cm seam allowance along the sides and under the arm.

7

Start stitching here

Overlock or zigzag the bottom edges of the sleeves.

Fold the bottom of the sleeve to wrong side to create a 3cm hem. Pin and press.

Stitch around your sleeve to secure your cuff. Back stitch at both ends. Your stitching should be 2.5cm from folded edge.